



Gilmour Primary School
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5th March 2024

Dear Parents/ Carers,

We are pleased to let you know that we are working with the Mental Health Support Team (MHST) who will come into school to support families with any emotional wellbeing difficulties that their children may be experiencing.

We would like to invite you to an informal coffee morning with our linked practitioner from the MHST. Later this year, we are hoping to have a Parenting for Anxiety course and this coffee morning will be an introduction to this and an opportunity to find out more about it.

This will take place in the Infant school hall on **Tuesday 12th March at 9.15am.**

We look forward to seeing you on Tuesday 12th March. Please do contact me if you have any questions.

Kind regards,

Ruth Turner
Mental Health Lead (Infant Department)

Learning together, growing together.

Headteacher: **Mr C McDonald**
Chair of Governors: **Kate Burnell**

Our Values

Unique · Enjoyment · Ambition · Health · Appreciation · Resilience